

Summary

Eva M. Schmitt, PhD, Director of the Institute on Aging (IOA) Research Center, has a social work degree and graduated from the University Kassel, Germany, where she received a Masters in Social Gerontology and Doctor of Philosophy. Dr. Schmitt has managed several research and evaluation grants as a co-principal investigator and developed conceptual evaluation models for health services and educational programs on the academic and community level. She is an Assistant Professor at the University of California, San Francisco (UCSF), Department of Physiological Nursing, and a fellow of the Community-Academic Research Training Alliance at UCSF.

CURRICULUM VITAE

2009

prepared: September

Name: Eva M. Schmitt, PhD

Current Positions: Director
Institute on Aging (IOA) Research Center
San Francisco, CA

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EDUCATION

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|---------|---|--|
| 1980-85 | Freiburg Catholic University for Applied Science Freiburg, Germany. | Diplom Sozial Arbeiterin, FH, Licensed (LSW). |
| 1988-92 | University of Kassel, Germany. | Diplom Sozial Gerontologin (MA Social- Gerontology). |
| 1998-06 | University of Kassel, Germany. | Doktor der Philosophie, (PhD), Cum Laude. |
| 2008- | University of California, San Francisco. | Post Doc Fellowship Community-Academic Research Training Alliance. |

PRINCIPAL POSITIONS HELD (Germany)

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| 1985-88 | Caritas Association of Donaueschingen, Multi-site Research Project to Develop Services for Community Dwelling Older Adults, Germany. | Social Worker (full-time). |
| 1988-91 | Caritas Association of Freiburg, Senior Housing Program, Germany. | Social Worker/ Co-Director (full-time). |

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| 1992-97 | Home Health Care Organization, Berlin, Discharge Planning Program for Patients with Gero-psychiatric Problems, Berlin, Germany. | Case Manager/Discharge Planner (part-time). |
| 1995-97 | Home Health Care Organization, Berlin, Project to Develop on-site training in Gero-psychiatrics for Direct Care Workers, Germany. | Evaluator (part-time). |

PRINCIPAL POSITIONS (USA)

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|---------|---|---|
| 1997-06 | Institute on Aging (IOA) Research Center, USA. | Manager of Outcomes Research (part-time). |
| 2004-08 | University of California, San Francisco (UCSF) Division of Geriatrics, San Francisco, USA. | Program Evaluator (part-time). |
| 2008- | Institute on Aging (IOA) Research Center. San Francisco, USA. | Director - Program Evaluations (full-time). |

KEYWORDS/AREA OF INTEREST:

Gerontology, gero-psychiatry, health service outcomes, evidence-based practice implementation, education, interdisciplinarity, transitions.

COMPUTER SKILLS:

Windows, MS Word, Excel, PowerPoint, SPSS.

LANGUAGES:

English, German, basic Spanish.

MEMBERSHIPS IN PROFESSIONAL ORGANIZATIONS

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| 1994- | German Society for Gerontology and Geriatrics. |
| 1997-2003 2009- | American Society on Aging. |
| 1998- 2008- | Gerontological Society of America. American Evaluation Association. |

UNIVERSITY TEACHING (Germany)

| <u>Dates</u> | <u>Institution</u> | <u>Position</u> | <u>Course Content</u> |
|--------------|---|---------------------------------------|--|
| 1994-96 | Catholic University Of Applied Science, Berlin, Social Work. | Teaching Assistant, 2 yrs, 3hrs/week. | Theories of Aging, Gero-Psychiatry, Family Caregiver, Discharge Planning, Case Management. |
| 1997 | Alice Salomon University of Applied Science, Berlin, Nursing. | Instructor, 1 yr, 4h/week. | Discharge Planning. |
| 1997 | Evangelical University of Applied Science, Berlin, Social Work. | Instructor, 1yr, 2h/week. | Theories of Aging, Gero-Psychiatry, Discharge Planning, Case Management, Evaluation Methods. |

TEACHING - CONTINUING EDUCATION FOR NURSING AND SOCIAL WORK (Germany)

| <u>Dates</u> | <u>Institution</u> | <u>Position</u> | <u>Content</u> |
|--------------|---|--------------------|---|
| 1986-88 | Consortium of Caritas Home Health Care Agencies, state of Baden Württemberg, Germany. | Leader of Seminars | Adult Development and Aging, Home Care Planning, Financial Support, Family Caregiver, Gero-Psychiatry, Transitions. |
| 1993-97 | Consortium of Diakonie Home Health Care Agencies, city of Berlin, Germany. | Leader of Seminars | Adult Development and Aging, Family Caregiver, Gero-Psychiatry, Financial Support, Transitions. |

INVITED PROFESSIONAL WORKGROUPS AND ADVISORY BOARDS

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| 2000 | Case Management Quality Assurance Workgroup of the California Department of Aging, Sacramento. |
| 2007-08 | San Francisco Department of Public Health, Mental Health Service Act – Prevention and Early Intervention, Planning Group. |
| 2008 | National Conference to Promote Excellence in Home Health Care for Older Adults, Center for Home Care Policy and Research, Visiting Nurse Service of New York, July Arlington, VA. |
| 2008 | SCAN Foundation’s convening with senior and long-term care experts, to inform Strategic Planning, Burbank, California. |
| 2008- | University of California, San Francisco, Northern California Education Center, Advisory Board |
| 2008- | University of California, Berkeley, School of Social Welfare, Center for the Advanced Study of Aging Services, Advisory Board. |
| 2009 | Dementia Expert Panel, San Francisco Department of Aging and Disability Services. |
| 2009- | Institute on Aging Task Force for Community-based Training in Gerontology/Geriatrics, Chair |

MAIN WORK EXPERIENCE in USA

2008-present: Institute on Aging Projects and Responsibilities

Projects:

- Older Adult Behavioral Health Screening and Response to implement depression screening in community clinics and senior centers (funder: Mental Health Service Act, San Francisco Department of Public Health, 2009-2010); serve as evaluator; total award for YR1: \$679,078 with the potential of renewal for 5 years.
- Attention Deficit and Hyperactivity Disorder (ADHD) in older adults project, to assess Quality of Life issues in older adults with a diagnosis of ADHD (funder: Shire Pharmaceuticals through a contract with The Brod Group, 2009-2010); serve as Co-PI and Project Director; PI: Meryl Brod; total award \$72,500.
- Informal Caregiver Support Project Evaluation to evaluate 14 projects in the U.S., designed to support informal caregivers through training and services (funder: Weinberg Foundation, 2009-

2011), serve as national evaluation expert; PI: Debra Sheets; award for national evaluation section of grant: \$41,000.

- Depression and perceived social support of participants of a telephone help-line (funder: UCSF Community-Academic Research Training Alliance (CARTA) fellowship award, 2008-2010); serve as PI and Project Director; total award: \$46,561.
- Development of the Institute on Aging Education Center for Geriatrics Workforce Training (funder: The California Endowment Foundation, 2008-2010); serve as Project Manager, PI: Dave Werdegar; total award: \$200,000.
- Community Education to improve geriatrics knowledge for community providers (funder: UCSF, NorCal Geriatric Education Center, 2008-2009); serve as PI and evaluator; total award \$54,000.

Current responsibilities:

Design and implement projects; oversee all aspects of projects; oversee grant budgets; prepare and submit IRB applications; ensure human subject protection and HIPPA compliance; serve as a liaison between community, academic institutions, foundations and government partners; identify, develop, and administer questionnaires; prepare data collection guidelines; oversee data collection and data entry; analyze data; plan, organize, and conduct focus groups, task force and team meetings; prepare reports and manuscripts; present at local and national lay and professionals meetings; train and supervise staff; assist with hiring and supervision new staff; identify funding sources; conceptualize new programs; support the Department of Development with grant writing including narratives, budgets and budget justifications.

2004-2008 UCSF, Department of Medicine, Division of Geriatrics

Projects:

- Reynolds Transitions in Care Program to train medical students, residents and physicians in geriatrics focusing primarily on transitions in care and care of hospitalized elders (funder: Reynolds Foundation, 2006-2010). Served as evaluator; PIs: C. Bree Johnston, G. Michael Harper, & C. Seth Landefeld.
- RAND Hartford Interdisciplinary Center for Geriatric Research to promote and sustain innovative, interdisciplinary efforts to improve health care for older adults (funder: RAND Hartford Foundation, 2006-2008). Served as evaluator; PIs: Maragret Wallhagen & C. Seth Landefeld.
- University of California Academic Geriatric Resource Program (AGRP) to develop interdisciplinary geriatrics and gerontology education in the Schools of Medicine, Nursing, Pharmacy, and Dentistry at UCSF. (Funder: The Regents of the University of California, 2004-2008). Served as evaluator; PIs: Eugene Washington & C. Seth Landefeld.
- Northern California Geriatric Resource Center (NorCal GEC) to improve education for health professionals and the quality and availability of health care (Funder: Human Resources and Services Administration, 2004-2007). Served as evaluator; PIs: C. Seth Landefeld & Joan Wood.

Responsibilities:

Planned, designed, and supervised the administration of evaluation protocols and procedures for process, outcomes, and effectiveness evaluation; developed conceptual models of educational evaluation; identified and developed instruments; conducted interviews; administered surveys; oversaw all data collection and data entry; conducted data analyses; ensured compliance with IRB requirements; prepared and submitted IRP applications; prepared, organized, and conducted meetings; wrote reports; presented data; prepared data for publication; conducted literature searches; assisted with hiring and supervision of staff.

1997-2006 Institute on Aging

Projects:

- Partnership to Promote Smoking Cessation in Older Adults; (Funder: Tobacco Related Disease Research Program (TRDRP), University of California, (11BT 1900, 2002 - 2004). Served as project manager and co-investigator; PIs: Glenna M. Dowling & Sharon Hall; total award: \$101,367.
- Evaluation of the Multipurpose Senior Services Program (MSSP) on participants' perceived quality of life and social support (Funder: Mt. Zion Health Fund, 2000–2002). Served as project manager and co-investigator; PI: Glenna M. Dowling; total award: \$90,000.
- Intra-Organizational Outcomes Project to determine the impact of the IOA's programs on participants' cognitive and physical functioning, depression, quality of life, and health care utilization. (Funder: Institute On Aging, 1997-2000). Served as project manager; PIs: Meryl Brod & Glenna M. Dowling.
- Outcomes evaluation of WellElder, a project to provide easy accessible health services to older adults living in two housing communities in San Francisco (funder: Northern California Presbyterian Homes (NCPH, 1996 -1998). Served as grant manager and evaluator; PI: Meryl Brod.

Responsibilities:

Participated in project design; responsibility for all day-to-day activities; assisted with IRB applications and budget; served as liaison between community and academic partners; assisted with development of questionnaires; administered questionnaires; led focus groups with case managers, conducted expert task force meetings; conducted data management and analyses; assisted with the preparation of reports and manuscripts; presented at local and national meetings.

PEER REVIEWED PUBLICATIONS:

Schmitt, E.M., Hu, A.C., Bacharach, P.S. (2008). Course Evaluation and Assessment: Examples of a Learner-Centered Approach. *Gerontology and Geriatrics Education*. 29(3): 290-300

Schmitt, E.M., Tsoh, J., Dowling, G., & Hall, S.M.(2005). Older Adults' and Case Managers' Perceptions of Smoking and Smoking Cessation. *Journal of Aging and Health*. Dec. 17 (6):717-733.

Haas, A.L., Eng, C., Dowling, G., Schmitt, E., & Hall S.M. (2005). The relationship between smoking history and current functioning in disabled community living older adults. *Annals of Behavioral Medicine*. Jun. 29(3):166-173.

Schmitt, E., & Nesshoever, W. (1996). Gerontopsychiatrische Uebergangspflege Berlin Tempelhof. *Geriatric Praxis* 8 (1 / 2) 46-51 [engl.: Discharge Planning for Geropsychiatric Patients in Berlin Tempelhof-Project Report].

In preparation

Schmitt, E.M., Weiss, S., Sands, L., Dowling, G.A., & Covinsky K. (under review) Adult Day Health Center Participation and Health Related Quality of Life.

PUBLISHED MANUALS AND BOOK CHAPTERS (Germany)

Friessner, K., Schmitt, E., & Seifert-Doods, N. (1995). Sozialarbeit in der Gerontopsychiatrie. In: Hirsch, R., Kortus, R., Loos, H., & Waechtler, C. (Hrsg.) *Gerontopsychiatrie im Wandel: von Defizit zur Kompetenz*, Melsungen, Germany: Bibliomed., Med. Verl.-Ges., 239-249 [engl.: Social Work and Geropsychiatry]. Book Chapter.

Friessner, K., Schmitt, E., & Seifert-Doods, N., (1995). Sozialarbeit bei Demenzkranken. In: Waechtler, C., Hirsch, R., Kortus, R., & Stoppe, G., (Hrsg.) *Demenz: Die Herausforderung*. Verlag Egbert Ramin, Singen, Germany 321-331 [engl.: Social Work with Clients with Dementia]. Book Chapter.

Schmitt, E., (1997). Gerontopsychiatrische Übergangspflege. In: Radebold et al., *Depressionen im Alter*. Darmstadt, Germany, 177-180. [engl.: Discharge Planning for Geropsychiatric Patients]. Book Chapter.

Schmitt, E., & Höft, G., (1997). Der Übergang in die ambulante Versorgung. In: Breinlinger–O'Reilly, J., Trill, R., & Maess, T., *Das Krankenhaus Handbuch Luchterhand*, Berlin 1997, 449- 470 [engl.: Discharge Planning- Manual for Hospitals]. Book Chapter.

Schmitt, E., & Kollak, I. (1998). Pflege verwirrter alter Menschen. *Pflegedidaktik*. 98/2 Georg Thieme Verlag Stuttgart, Germany. [engl: Manual for Nursing in Dementia Care].

Schmitt, E., & Wojnar, J. (1999). Leitlinien Zum Umgang mit Verwirrten. Vincentz Verlag, Hannover Germany. [engl: Guidelines on How to Care for Clients with Dementia].

INTERNATIONAL PROFESSIONAL PRESENTATIONS

Dowling, G.A. & Schmitt, E.M. (2001, July). Assessing outcomes in a case management program for community-dwelling frail older adults. Paper presented at the 17th Congress of the International Association of Gerontology, Vancouver Canada.

Hennse, S., Ruhnau-Wuellenweber, M, Schmitt, E., Wissmann, P., & Steinhagen-Thiessen, E.(2001, July). Case/Care management in Berlin- A comprehensive system of Coordinating Centers for Community Based Rehabilitation. Paper presented at the 17th Congress of the International Association of Gerontology, Vancouver Canada.

Hinton, A., & Schmitt, E., (2001, July). Pitfalls and Challenges in Planning and Conducting a Case Management Outcomes Study with Community Dwelling Older Adults. Paper presented at the 5th International Care/Case Management Conference, Vancouver, Canada.

Hensse, S. & Schmitt, E., (2001, July). Case/Care Management in Berlin: A Comprehensive System of Coordinating Centers for Community Based Rehabilitation in a Major City. Paper presented at the 5th International Care/ Case Management Conference, Vancouver, Canada.

NATIONAL PROFESSIONAL PRESENTATIONS IN USA

Schmitt, E.M. & Brod, M.(1999, November). WellElder-Evaluation of a project to provide health services for older adults in two housing communities. Poster presented at the 52nd annual meeting of the Gerontological Society of America, San Francisco, CA.

Brod, M., & Schmitt, E. (1999, November). Assessing Outcomes in Community Services. Poster presented at the 52nd annual meeting of the Gerontological Society of America, San Francisco, CA.

Schmitt, E., & Dowling, G. (2002, November). Perceived Social Support of Multiethnic Clients in a Multipurpose Senior Services Program. Paper presented at the 55th annual meeting of the Gerontological Society of America, Boston, MA.

Schmitt, E., Dowling, G., Tsoh, J., & Hall S. (2003, November). Smoking in Older Clients of Case Management Programs and Case Managers' Perception of Smoking Cessation. Paper presented at the 56th annual meeting of the Gerontological Society of America, San Diego, CA.

Schmitt, E., Dowling, G., Tsoh, J., Hall, S., Adleman, T., Hinton, A., & Thompson, M. (2004, November). Case Managers' Barriers to Endorse Smoking Cessation in Community Dwelling Frail Older Adults. Paper presented at the 57th annual meeting of the Gerontological Society of America, Washington, DC.

Gurley, D., Murray, M.D., Wood, J., Schmitt, E., Villani, P., & Alkema, G. (2006, February). Using Multiple Evaluation Approaches to Tell the Story of Geriatric Education. Pre-conference workshop presentations - Association for Gerontology in Higher Education (AGHE) 31st Annual Meeting, Indianapolis, Indiana.

Wood, J., & Schmitt, E. (2006, February). Effect of an Interdisciplinary Team Training Program in Geriatrics on Students' Knowledge and Attitudes. Resource Exchange - Association for Gerontology in Higher Education (AGHE), 31st Annual Meeting, Indianapolis, Indiana.

Conant, R., Schmitt, E., Wood, J., Hyde, S., Lee, K., Macera, L., Mackin, L., Richards, S., & Sands, L., (2006, April). Impact of an Interdisciplinary Team Training via House-calls on Students' Attitudes and Knowledge, Poster presented at the 2006 annual scientific meeting of the American Geriatrics Society, Chicago, Ill.

Macera, L., Conant, R., Schmitt, E., Wood, J., Cheng, C., Hyde, S., Mackin, L., Richards, S., Goodis, H., Lee, K., Sands, L., & Case, M. (2006, February). Improving Health Professionals' Knowledge and Attitudes through Interdisciplinary Team Training in Geriatrics. Paper presented at the American Association of Colleges of Nursing Annual Master's Conference, San Antonio, TX.

Schmitt, E., Wood, J., Conant, R., Hyde, S., Lee, K., Macera, L., Mackin, L., Richards, S., & Sands, L. (2006, November). Interdisciplinary Team Training Via Home Visits - Impact on Students' Perceptions. Paper presented at the 59th annual meeting of the Gerontological Society of America, Dallas.

Schmitt, E., Bachrach, P., & Hu, A. (2006, November). Learner-Centered Evaluation. Paper presented at the 59th annual meeting of the Gerontological Society of America, Dallas Pre-conference Workshop: Gerontology and Geriatrics Education: Moving from Teacher-Centered to Learner-Centered Strategies and Environments.

Hyde, S, Schmitt, E., Conant, R., Lee, K., Mackin, L., Richards, S., & Wood.(2007, May). Interdisciplinary team training in geriatrics improves student health professionals' knowledge and attitudes. Proceedings of the 19th Special Care Denistry; Denver

Schmitt, E. & Wood, J. (2007, November). Impact of an Interdisciplinary Geriatrics Faculty Development Program. Paper presented at the 60th annual scientific meeting of the Gerontological Society of America, San Francisco.

Conant, R., Pound, D., Aronson, L., Johnston, B., Harper, M., Vener, M., Schmitt, E., Abrams, J., & Welty, C. (2008, March). Do Mentored Home Visits Combined with a Structured Curriculum Improve Medical Students' Perceived Learning? University of California, San Francisco, Academy of Medical Educators - Education Day, Poster.

Johnston, B., Nye H., Schneidermann M., Hauer K., Abrams J., Schmitt E., & Lai C. (2008, April). A Transitional Care Curriculum for Third Year Medical Students. Society of General Internal Medicine (SGIM) Annual Meeting, Pittsburgh PA Poster

Schmitt, E., Sands, L., Weiss, S., Dowling, G., & Covinsky, K. (November, 2009, accepted). Quality of Life and Adult Day Health Center Participation. 62th annual meeting of the Gerontological Society of America, Atlanta, Georgia.

Schmitt, E., Li, G., &Werdegar D. (November, 2009, accepted) Community-Based Service-Learning for Health Profession Students – Do We Make the Most of It? 62th annual meeting of the Gerontological Society of America, Atlanta, Georgia.